

# SUMMER FEATURES

SERVED ALL DAY

**BAKED OATMEAL - PEACHES N CREAM WITH TOASTED ALMONDS ... 5.35**

**CINNAMON CHIP SCONE WITH VANILLA BEAN GLAZE... 3.65**

**V GF CHIA PUDDING... 6.50**

OUR CREAMY CHIA PUDDING INFUSED WITH BLENDED STRAWBERRIES AND BLUEBERRIES. TOPPED WITH HOUSEMADE GRANOLA

**GF BLUEBERRY LEMON CREAM PANCAKES... 8.95**

FLUFFY BUTTERMILK PANCAKES LAYERED WITH FRESH BLUEBERRIES AND DRIZZLED WITH A ZESTY LEMON CURD CREAM.

**BACON CORN TOMATO PIE... 8.70**

WE ADDED BACON AND CORN TO OUR SIGNATURE DISH FOR A SUMMER SPIN ON AN ALL TIME FAVORITE. SERVED WITH MIX GREENS OR CHIPS.  
ADD CARROT FRIES, SOUP, OR CHIA PUDDING...3.15

**🌿 SUMMER BERRY SALAD... 9.65**

FRESH STRAWBERRIES, BLUEBERRIES, AVOCADO, FETA, SLIVERED ALMONDS, RED ONIONS, AND HOUSEMADE CROUTONS ON MIXED GREENS.  
SERVED WITH A SIDE OF OUR HONEY STAR BALSAMIC DRESSING.  
ADD GRILLED CHICKEN...2.45

**🌿 SAUSAGE FLATBREAD... 10.40**

SEASONED SAUSAGE, KALE, FETA, ROASTED RED PEPPERS, AND PESTO CREAM ON GARLIC NAAN BREAD.

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## PEACH FAVORITES

(AVAILABLE AUGUST ONLY)

**GINGER PEACHES N CREAM FRENCH TOAST... 10.95**

GINGER PEACH CREAM CHEESE AND FRESH SLICED PEACHES TUCKED BETWEEN TWO SLICES OF BRIOCHE FRENCH TOAST

**RASPBERRY PEACH GRILLED CHEESE... 10.25**

RASPBERRY BRIE, FRESH PEACHES, CHEDDAR, AND BASIL ON GRILLED WHEAT BREAD. SERVED WITH CHIPS OR GREENS.

ADD BACON... 2.25



3950 TECPORT DR  
HARRISBURG, PA 19011  
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23 N BROAD ST  
LITITZ, PA 17543  
717.627.1762

# BEVERAGES

ALTERNATIVE MILK: ALMOND • OAT • MACADAMIA      ADD ON: COLLAGEN

## SUMMER FEATURES

LEMON LAVENDER LATTE ...4.15	...5.15	GINGER PEACH ICED TEA	...3.65
COCONUT MOCHA LATTE ...4.15	...5.15	WATERMELON MINT LEMONADE	...3.65
BLUE TEA LATTE ...3.25	...4.25	STRAWBERRY COCONUT MILKSHAKE	...5.25

BLUE BUTTERFLY PEA FLOWER,  
LEMON SYRUP & MILK

## CLASSIC

HOUSE COFFEE	...2.50
ESPRESSO	...2.25
AMERICANO	...3.00
CAPPUCCINO	...3.25
RAW CAPPUCCINO	...3.50
FRENCH PRESS	...3.50
FOR 2	...5.50

## LATTE

VANILLA	...4.15	...5.15
CARAMEL	...4.15	...5.15
SUGAR & SPICE	...4.15	...5.15
MOCHA	...4.15	...5.15
WHITE OR DARK		
WHITE LAVENDER MOCHA	...4.15	...5.15

## TEA

### LOOSE LEAF TEA

ROOIBOS • EARL GREY • ENGLISH BREAKFAST  
PEPPERMINT • DECAF ENGLISH BREAKFAST  
GREEN • JASMINE • GINGER LEMON • HERBAL CHAI

POT OF TEA	...3.25	
FOGGED TEA	...3.75	...4.25
HONEY LAVENDER FOG	...3.75	...4.25

## MILKSHAKE

CHOCOLATE	...5.25
ESPRESSO	...5.25
CHAI	...5.25
LEMON DROP	...5.25

## SMOOTHIE

MANGO	...4.75
PINEAPPLE	...4.75
STRAWBERRY	...4.75
GREEN MACHINE	...5.30

## COLD

COLD BREW	...3.75
COLD BREW MILK AND HONEY	...4.75
HERB LEMONADE	...3.25
ADD STRAWBERRY	
FRESH BREWED ICED TEA	...3.25
BOYLAN SODAS	...2.25
COKE, DIET COKE	...2.25
MILK	...2.50
CHOCOLATE MILK	...3.10

## STEAMER

CHAI	...3.75	...4.75
GOLDEN CHAI	...5.00	...6.00
HOT CHOCOLATE	...3.20	...4.20
MATCHA	...4.00	...5.00
GOLDEN MILK	...5.00	...6.00

BYOB

# BREAKFAST

## GOOD MORNING, SUNSHINE!

### BAKED OATMEAL - SERVED WITH MILK... 5.35

PEACHES N CREAM • BLUEBERRY • **GF** HONEY

### CALI BOWL... 7.30

NUTTY GRANOLA IN STEAMED MILK, TOPPED WITH BANANA, AND FRESH BERRIES

### AVO EGG TOAST... 6.95

\*\*MULTI-GRAIN TOAST, AVOCADO SLICES, SUNNY SIDE UP EGG, SPINACH, AND SWEET SRIRACHA

### **GF** BREAKFAST SAUSAGE BOWL... 10.95

\*\*QUINOA, MILLET, AMARANTH, TEFF GRAINS, ROASTED MUSHROOMS, SAUSAGE, LEMON KALE, TOMATOES, AND PARMESAN CHEESE. TOPPED WITH TWO EGGS OVER EASY

### **GF** BUTTERMILK PANCAKES... 6.25

FLUFFY BUTTERMILK PANCAKES, A TIMELESS FAVORITE

### MAPLE & SPICE FRENCH TOAST... 8.15

BRIOCHE BREAD DIPPED IN MAPLE SPICE BATTER, CINNAMON HONEY BUTTER AND FRESH BERRY GARNISH

## PIES

SIGNATURE PIES ARE SERVED WARM WITH FRESH GREENS AND A SAVORY HERB SCONE

ADD BUTTERNUT SQUASH, ROSEMARY POTATOES, FRUIT OR CHIA PUDDING... 3.15

### TOMATO PIE... 7.95

SIGNATURE TOMATO PIE

DOUBLE... 11.95 • **GF** GLUTEN-FREE... 8.95

### QUICHE... 8.40

BAKED IN OUR OWN PIE SHELL

THREE CHEESE • FEATURED

## THIS AND THAT

### MUFFINS... 3.50

BLUEBERRY LEMON CURD • NUTELLA CHOCOLATE CHIP • PEACHES N CREAM

CINNAMON CHIP SCONE ... 3.65  
WITH VANILLA BEAN GLAZE

SEASONAL FRUIT... 5.50

ROSEMARY POTATOES... 2.97

PARMESAN GRIT CAKE... 3.25

ROASTED BUTTERNUT SQUASH... 3.50

MINI CHIA PUDDING... 4.85

BACON... 2.86

CHICKEN FETA SAUSAGE... 3.15

PURE MAPLE SYRUP... 1.25

TOAST WITH AVACADO... 5.15

**V** VEGAN • **GF** GLUTEN-FREE

DESPITE OUR CAREFUL PRECAUTIONS, WE ARE NOT A GLUTEN-FREE FACILITY

\*\*CONSUMING RAW OR UNCOOKED MEATS, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

# GOLDEN EGG

FLIPPERS SERVED WITH TOAST AND CHOICE OF ONE:  
BUTTERNUT SQUASH, GRIT CAKES, ROSEMARY POTATOES, FRUIT, CHIA PUDDING OR MIXED GREENS

## TOMATO PIE FLIPPER... 8.50

OUR SIGNATURE TOMATO PIE GOODNESS INSIDE FLIP STYLE EGGS  
ADD ROASTED GARLIC MUSHROOMS...0.75

## TRIPLE MEAT FLIPPER... 9.95

HAM, BACON, SAUSAGE, MONTEREY JACK, AND CHEDDAR CHEESE

## VEGGIE FLIPPER... 8.90

SPINACH, ROASTED CAULIFLOWER, RED ONION, TOMATOES, ROASTED MUSHROOMS, MONTEREY  
JACK AND CHEDDAR CHEESE

## CALI KETO FLIPPER... 10.50

BACON, TURKEY, FETA, SPINACH, AVOCADO AND CILANTRO LIME SAUCE .

## CLASSIC EGG DISH... 6.50

\*\*TWO EGGS SERVED WITH TOAST AND ONE SIDE

## SAUSAGE & SQUASH HASH... 10.15

\*\*SEASONED SAUSAGE, ROASTED BUTTERNUT SQUASH, AND ROSEMARY POTATO HASH  
TOPPED WITH TWO EGGS. SERVED WITH TOAST (NO SIDES)

**TOAST CHOICES:** SOURDOUGH, MULTI-GRAIN  
GLUTEN-FREE BREAD... 1.65

**EGG WHITES... 1.85**

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# BREAKFAST SANDWICHES

SERVED WITH CHOICE OF ONE:  
BUTTERNUT SQUASH, GRIT CAKES, ROSEMARY POTATOES, FRUIT, CHIA PUDDING OR MIXED GREENS

## VEGGIE EGG WRAP... 10.15

EGGS, HUMMUS, ROASTED CAULIFLOWER, SPINACH, RED ONIONS, TOMATOES,  
ROASTED MUSHROOMS, AND FETA TUCKED IN A WRAP

## EGG & HAM PANINI... 10.26

EGGS AND HAM LAYERED WITH VERMONT CHEDDAR ON CIABATTA BREAD.  
SERVED WITH SIDE OF PESTO MAYO

## PRETZEL BREAKFAST SANDWICH... 10.40

GRILLED PRETZEL BUN WITH TWO FRIED EGGS, VERMONT WHITE CHEDDAR, BACON,  
SPINACH, AND RASPBERRY HONEY MUSTARD OR SWEET SRIRACHA SAUCE

## FRIED EGG & BRIE... 10.65

TWO FRIED EGGS, SPINACH, BACON, AND RASPBERRY BRIE ON MULTI-GRAIN TOAST

## SAUSAGE EGG WRAP... 9.95

EGGS, HERB SEASONED SAUSAGE, MONTEREY AND CHEDDAR CHEESE.  
SERVED WITH A SIDE OF PESTO MAYO.

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GLUTEN-FREE BREAD ...1.65

 VEGAN •  GLUTEN-FREE

DESPITE OUR CAREFUL PRECAUTIONS, WE ARE NOT A GLUTEN-FREE FACILITY

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# LUNCH

SERVED ALL DAY

 **TOMATO BISQUE • SOUP DU JOUR... 5.25**

**HUMMUS PLATTER TO SHARE... 10.50**

HOUSEMADE HUMMUS SERVED WITH NAAN BREAD, CAULIFLOWER,  
CUCUMBERS, ROASTED RED PEPPERS, KALAMATA OLIVES.

SINGLE SERVE... 6.95

GLUTEN-FREE CRACKERS ... 1.00

  **CARROT FRIES... 6.50**

THICK CUT BAKED CARROT FRIES SPRINKLED WITH SEA SALT AND DILL SAUCE FOR DIPPING

## WHAT IS TOMATO PIE?

**FRESH RED TOMATOES SEASONED PERFECTLY WITH HERBS AND BAKED IN OUR OWN PIE SHELL TOPPED WITH A BLEND OF CHEESES. IT'S NOT PIZZA!**

START WITH A MINI TOMATO PIE TO SHARE... 5.50 • GLUTEN-FREE... 6.50

OUR PIES ARE SERVED WARM WITH GREENS AND A SAVORY HERB SCONE

ADD CARROT FRIES, SOUP, OR CHIA PUDDING... 3.15

**TOMATO PIE... 7.95**

SIGNATURE TOMATO PIE

DOUBLE... 11.95  GLUTEN-FREE... 8.95

**QUICHE... 8.40**

BAKED IN OUR OWN PIE SHELL

THREE CHEESE • FEATURED

## TPC SIGNATURES

SERVED WITH HERB SCONE (SCONE IS NOT GF)

ADD: TPC SIDE SALAD...3.40

 **CHEESY SQUASH CAKES... 9.84**

HOUSEMADE SPAGHETTI SQUASH CAKES ON GREENS DRIZZLED WITH DILL AIOLI.

SERVED WITH A CHOICE OF CARROT FRIES, SOUP, OR CHIA PUDDING

  **CILANTRO LIME BOWL... 10.50**

QUINOA, MILLET, AMARANTH, AND TEFF GRAINS TOSSED WITH SAUTÉED SPINACH, RED ONIONS, ROASTED CAULIFLOWER, MUSHROOMS, TOMATOES, AND AVOCADO. FINISHED WITH CILANTRO LIME DRESSING

 **SPAGHETTI SQUASH & MEATBALLS... 11.50**

SPAGHETTI SQUASH TOPPED WITH OUR HOUSEMADE MARINARA SAUCE,

SPINACH FETA CHICKEN MEATBALLS, AND PARMESAN CHEESE

 VEGAN •  GLUTEN-FREE

DESPITE OUR CAREFUL PRECAUTIONS, WE ARE NOT A GLUTEN-FREE FACILITY

\*\*CONSUMING RAW OR UNCOOKED MEATS, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

# TAKE TWO



CHOOSE TWO ITEMS FROM THE MENU WITH OUR LOGO



**1/2 FLATBREAD • 1/2 SANDWICH • 1/2 SALAD • SOUP... 10.50**

## SANDWICHES

SANDWICHES SERVED WITH GREENS OR GOURMET CHIPS  
SUB FOR CARROT FRIES, SOUP, OR CHIA PUDDING... 3.15

### **MEATBALL PARMESAN PANINI... 10.50**

CHICKEN FETA MEATBALLS, MARINARA SAUCE, MUEENSTER, PARMESAN AND  
MOZZARELLA CHEESE ON CIABATTA BREAD

### **TPC GRILLED CHEESE... 8.75**

MUEENSTER & VERMONT CHEDDAR CHEESE ON GRILLED SOUR DOUGH  
ADD BACON... 2.25 ADD ROASTED GARLIC MUSHROOMS... 1.50

### **TURKEY PESTO PANINI... 10.40**

MESQUITE TURKEY, PESTO, TOMATO, AND MUEENSTER CHEESE ON MULTI-GRAIN BREAD

### **HAM & BRIE PANINI... 10.26**

SLICED HAM, BRIE CHEESE, FRESH BASIL LEAVES, AND RASPBERRY HONEY MUSTARD  
SERVED ON CIABATTA BREAD

### **PESTO CHICKEN PANINI... 10.45**

CHICKEN, CARAMELIZED ONIONS, FRESH MOZZARELLA CHEESE, AND PESTO  
ON CIABATTA BREAD

### **CURRY CHICKEN WRAP... 9.10**

CHICKEN, GRAPES, ONION, ALMONDS, AND CELERY IN A COCONUT CURRY MAYO TUCKED IN A WRAP

### **VEGGIE HUMMUS WRAP... 8.96**

HUMMUS, SPINACH, ROASTED CAULIFLOWER, MUSHROOMS,  
ROASTED RED PEPPERS, RED ONIONS ALL WRAPPED UP

### **COLD HAM OR TURKEY... 8.90**

SMOKED HAM OR TURKEY, MUEENSTER CHEESE, AND GREENS ON WHEAT SUNFLOWER BREAD  
YOU CHOOSE THE SAUCE: SWEET SRIRACHA, PESTO MAYO OR RASPBERRY MUSTARD

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## NAAN FLATBREADS

### **VEGGIE FLATBREAD... 9.80**

DILL SAUCE, ROASTED CAULIFLOWER, SPINACH, MUSHROOMS, ARTICHOKE HEARTS,  
ONIONS, AND MOZZARELLA

### **TOMATO PIE FLATBREAD... 9.15**

OUR SIGNATURE TOMATO PIE GOODNESS ON WARM NAAN  
ADD ROASTED GARLIC MUSHROOMS .75

### **CHICKEN BUTTERNUT SQUASH FLATBREAD... 11.25**

ROASTED BUTTERNUT SQUASH, CHICKEN, CARAMELIZED ONIONS, AND GOAT CHEESE  
DRIZZLED WITH BALSAMIC GLAZE

# SALADS

SALADS ARE SERVED WITH OUR SIGNATURE SAVORY HERB SCONES

SCONES ARE NOT GLUTEN FREE

ADD: CHICKEN... 2.45 BACON...2.25 HARD BOILED EGG... 1.15 AVOCADO... 2.10



## CURRY CHICKEN SALAD... 9.65

CHICKEN, GRAPES, CELERY, ONION, COCONUT, AND ALMONDS IN A MILD CURRY MAYO  
SERVED ON FRESH GREENS AND TOMATO.

## KALE COBB SALAD... 10.50

LEMON DRESSED KALE, BACON, AVOCADO, TOMATO, HARD BOILED EGG,  
BUTTERNUT SQUASH, FETA, AND ONION



## TPC HOUSE SALAD... 7.50

CARROTS, TOMATOES, CUCUMBERS, MONTERERY JACK, CHEDDAR CHEESE,  
AND HOUSE MADE CROUTONS ON MIXED GREENS.

### • DRESSING CHOICES •

HONEY STAR BALSAMIC • OLIO LEMON HOUSE  
CREAMY PARMESAN • RASPBERRY HONEY MUSTARD



ALL DRESSINGS ARE GLUTEN-FREE

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# BURGERS

SERVED WITH GREENS OR GOURMET CHIPS

SUB FOR CARROT FRIES, SOUP, OR CHIA PUDDING... 3.15

## ROOSTER STREET BEEF BURGER... 11.90

LOCAL BUTCHER, LOCAL FARM, GRASS FED.

COOKED MEDIUM WITH SWEET SRIRACHA AIOLI, RED ONIONS, TOMATOES, AND GREENS ON PRETZEL BUN

## FARMHOUSE TURKEY BURGER... 11.35

\*\*TURKEY BURGER TOPPED WITH MUENSTER CHEESE, OVER EASY EGG, CRISP BACON, TOMATO,  
AND MIXED GREENS ON A GRILLED PRETZEL BUN

## BALSAMIC TURKEY BURGER... 10.96

A FLAVORFUL TURKEY BURGER ON A GRILLED PRETZEL BUN WITH BALSAMIC CARAMELIZED ONIONS,  
GREENS, TOMATO, AND GOAT CHEESE



## SMOKEY VEGGIE BURGER... 10.15

SIGNATURE BURGER MADE WITH BEETS, CAULIFLOWER, GARBANZO BEANS, ONIONS AND SEASONINGS.  
ON A VEGAN BUN TOPPED WITH VEGAN DILL AIOLI, SPINACH, AND AVOCADO

### BURGER ADD-ONS... 1.25

VERMONT CHEDDAR • MUENSTER • GOAT CHEESE  
CARAMELIZED ONIONS • ROASTED MUSHROOMS • AVOCADO • SPINACH

GLUTEN FREE BREAD ... 1.65

\*\*CONSUMING RAW OR UNCOOKED MEATS, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS